

MARCH 2022

Central Springs CSD

This institution is an equal opportunity provider.
 This menu is subject to change.
 All meals are served with a choice of 1%, fat free and fat free chocolate milk.

Monday

Tuesday

Wednesday

Thursday

Friday

French toast, fruit, juice

1

Salisbury steak
 Mashed potatoes & gravy
 Baked beans
 Pineapple
 Dinner roll

Pop tart, ham patty, fruit, juice

2

Hot dog on bun
 goldfish crackers
 broccoli
 strawberries & bananas
 Birthday cake
Dr. Suess Birthday

Biscuits & gravy, fruit, juice

3

Chili
 Crackers
 Corn
 Applesauce
 Cinnamon roll

Cold cereal, donut, fruit, juice

4

Shrimp poppers
 macaroni & cheese
 lettuce salad with French dressing
 peas & carrots
 pears

Breakfast lasagna, fruit, juice

7

Pizza
 Lettuce salad with ranch dressing
 Carrots
 Peaches

French toast, fruit, juice

8

Soft shell taco
 Tator tots
 Marinated veggie salad
 Mandarin oranges

Pop tart, sausage, fruit, juice

9

Ham & cheese on bun
 Baked potato
 Green beans
 Mixed fruit
 cookie

Biscuits & gravy, fruit, juice

10

Spaghetti
 Lettuce salad with italian dressing
 Broccoli w/cheese
 Pineapple
 Garlic toast

Cold cereal, donut, fruit, juice

11

French toast
 Hash brown potato
 Peaches
 Cottage cheese
 Muffin

14

15

16

17

18

Breakfast lasagna, fruit, juice

21

Crispito / cheese sauce
 Potato starz
 Refried beans
 Mixed fruit

French toast, fruit, juice

22

Chicken drumstick
 Mashed potatoes & gravy
 Spinach salad
 Fruit cup
 Bread & butter

Pop tart, sausage, fruit, juice

23

Tator tot casserole
 Peas & carrots
 Lettuce salad with French dressing
 Peaches
 Dinner roll

Biscuits & gravy, fruit, juice

24

Bbq chicken on bun
 Sweet potato fries
 Cole slaw
 Apple slices

Cold cereal, donut, fruit, juice

25

Grilled cheese sandwich
 Onion rings
 Baked beans
 Pears
 Pudding

Breakfast lasagna, fruit, juice

28

Goulash
 Lettuce salad w/ranch dressing
 Green beans
 Applesauce
 Breadstick

French toast, fruit, juice

29

Burrito / cheese sauce
 California blend
 Au Gratin potatoes
 Pineapple

Pop tart, sausage, fruit, juice

30

Chicken nuggets
 Pasta salad
 Corn
 Mandarin oranges

Biscuits & gravy, fruit, juice

31

Pork tenderloin on bun
 French fries
 Marinated veggie salad
 pears



Mon: spicy chicken on bun

Tues: corn dog

Wed: pizza

Thurs: sub sandwich

Fri: fish sandwich