



CENTRAL SPRINGS CSD

February 2019



Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Menu is subject to change</i></p> <p>This institution is an equal opportunity provider</p> <p><i>All meals include 1%, fat free & fat free chocolate milk</i></p>		<p>Grab & Go Mon-bkft pizza boat Tues-cereal bar Wed-mini-cinni Thurs-tornado Fri-pop tart</p> <p>Alternate Mon-taquito Tues-corn dog Wed-italian chicken Thurs-pizza Fri-shrimp poppers</p>		<p>cereal, donut, fruit, juice</p> <p>pizza casserole lettuce salad mixed vegetables apple slices garlic toast</p> <p style="text-align: right;">1</p>
<p>egg wrap, sausage, fruit, juice</p> <p>fish sandwich AuGratin potatoes baked beans peaches, cottage cheese</p> <p style="text-align: right;">4</p>	<p>french toast, little smokies, fruit, juice</p> <p>chicken drum sticks mashed potatoes, gravy, california blend, mandarin oranges, bread & butter</p> <p style="text-align: right;">5</p>	<p>bkft combo link, graham crackers, fruit, juice</p> <p>spaghetti, lettuce salad, green beans, pears, breadstick</p> <p style="text-align: right;">6</p>	<p>omelet, toast, fruit, juice</p> <p>chicken noodle soup, crackers, carrots & celery, mixed fruit, cinnamon roll</p> <p style="text-align: right;">7</p>	<p>cereal, donut, fruit, juice</p> <p>chef salad, tomatoes, pepper strips, tri-tator, strawberries & bananas, garlic toast</p> <p style="text-align: right;">8</p>
<p>egg wrap, sausage, fruit, juice</p> <p>pork tenderloin on bun, sliced tomato, french fries, broccoli w/cheese, rosy applesauce</p> <p style="text-align: right;">11</p>	<p>biscuits & gravy, tri-tator, fruit, juice</p> <p>pizza, lettuce salad, corn, orange slices, cake or cookie</p> <p style="text-align: right;">12</p>	<p>combo link, graham crackers, fruit, juice</p> <p>beef & noodles, mashed potatoes, peas & carrots, peaches, pbj</p> <p style="text-align: right;">13</p>	<p>cheese & egg patty on english muffin or biscuit, fruit, juice</p> <p>chicken nuggets, sweet potato tots, marinated veggies, mixed fruit, dinner roll</p> <p style="text-align: right;">14</p>	<p>cereal, donut, fruit, juice</p> <p>hamburger on bun, pasta salad, baked beans, carrots, pineapple</p> <p style="text-align: right;">15</p>
<p>egg wrap, sausage, fruit, juice</p> <p>ham patty on bun, scalloped potatoes, green beans, apple slices</p> <p style="text-align: right;">18</p>	<p>bkft pizza, granola bar, fruit, juice</p> <p>chicken fajita, onion & peppers, tiger fries, refried beans, pears</p> <p style="text-align: right;">19</p>	<p>combo link, graham crackers, fruit, juice</p> <p>salisbury steak, mashed potatoes, gravy, california blend, mandarin oranges, biscuit</p> <p style="text-align: right;">20</p>	<p>egg bake, toast, fruit, juice</p> <p>sub sandwich, potato salad, broccoli & tomatoes, peaches</p> <p style="text-align: right;">21</p>	<p>cereal, donut, fruit, juice</p> <p>crispito, cheese sauce, mixed vegetables, tator tots, banana (HS-churro)</p> <p style="text-align: right;">22</p>
<p>egg wrap, sausage, fruit, juice</p> <p>chicken patty on bun, spinach salad, onion rings, corn, orange slices</p> <p style="text-align: right;">25</p>	<p>bkft lasagna, fruit, juice</p> <p>soft shell taco, lettuce & cheese, refried beans, tri-tator, applesauce</p> <p style="text-align: right;">26</p>	<p>combo link, graham crackers, fruit, juice</p> <p>pulled pork sandwich, baked potato, cole slaw, jello w/mixed fruit</p> <p style="text-align: right;">27</p>	<p>scrambled eggs, toast, fruit, juice</p> <p>chili, shredded cheese, crackers, broccoli & carrots, pineapple, cinnamon roll</p> <p style="text-align: right;">28</p>	