

CENTRAL SPRINGS CSD

December 2018



Monday	Tuesday	Wednesday	Thursday	Friday
omelet, toast, fruit, juice fiestada, lettuce salad, peas, pears, pudding 3	bkft lasagna, fruit, juice chicken patty on bun, onion rings, broccoli & tomatoes, applesauce 4	biscuit & gravy, fruit, juice crispito, cheese sauce, refried beans, corn, cottage cheese, peaches 5	pancake on stick, fruit, juice chicken drumstick, spinach salad, mashed potatoes & gravy, strawberries & bananas, dinner roll 6	cereal, donut, fruit, juice sloppy joe on bun, lettuce salad, potato salad, carrots, pineapple 7
omelet, toast, fruit, juice teriyaki chicken, baked beans, cheese potatoes, mixed fruit, dinner roll 10	bkft combo bar, pop tart, fruit, juice enchilada, rice, tri-tator, peas & carrots, pineapple 11	biscuit & gravy, fruit, juice soft shell taco, lettuce/cheese/salsa, california blend, applesauce (HS-churro) 12	egg bake, english muffin, fruit, juice ham & cheese sandwich, tiger fries, cucumber slices, mandarin oranges 13	cereal, donut, fruit, juice spaghetti, lettuce salad, green beans, peaches, string cheese, garlic toast 14
omelet, toast, fruit, juice chicken wrap, potato wedges, broccoli, apple slices (HS-granola bar) 17	pancakes, sausage, fruit, juice nachos w/ground beef, salsa, chips, rice, carrots, pepper strips, oranges 18	biscuit & gravy, fruit, juice bbq beef sandwich, baked potato, corn, mixed fruit 19	bkft pizza, granola bar, fruit, juice chili, shredded cheese, crackers, carrots & celery, applesauce, cinnamon roll 20	cooks choice 21
No School 24	No School 25	No School 26	No School 27	No School 28
No School 31	Menu is subject to change All meals include a choice of 1%, fat free & fat free chocolate milk This institution is an equal opportunity provider	<u>Grab & Go</u> M-bkft pizza slider T-pop tart W-mini-cinni Th-tornado F-pbj	<u>Alternate</u> M-crispito T-italian chicken W-pork tenderloin Th-grilled cheese Fri-fiestada	