



High School & Elementary  
105 South East Street - P.O. Box 190  
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Middle School & Elementary  
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### An Update From Superintendent Darwin Lehmann - Thursday, January 20th, 2022

Hello parents and guardians,

The CDC/Iowa Department of Public Health recently updated isolation guidance for COVID-19 positive individuals. I'm writing to share how this new guidance applies in our district and to provide some general updates and reminders as we continue to deal with the COVID-19 infection spike and other illnesses.

#### New CDC/IDPH Public Health Guidance

At the January 17 Board of Education meeting, our board approved the new CDC/IDPH isolation guidance for people who test positive for COVID-19.

- Everyone, who tests positive for COVID-19, regardless of vaccination status, should:
  - Stay home for 5 days (day 0 is the first day of symptoms).
  - If you have no symptoms or your symptoms are resolving after 5 days, you can return to school **if you wear a mask around others for 5 additional days.**
    - Appropriate mask-wear for students for 5 additional days will be enforced and mask-wear applies to school-day attendance as well as extracurricular activity participation.
  - Protocol for student to return after 5 days:
    - Parents must communicate with a school nurse prior to a student returning (if returning on days 6-10), and the student must check-in with the school nurse on the day they return to school.
  - Students/families have the option to complete the 10-day isolation period at home.
- IDPH has also updated their recommendations for those exposed to COVID-19. Here is a link for reference (see *controlling spread* tab: [IDPH Guidelines](#)).

#### General Illness Guidelines

**Students with symptoms of illness should remain home** and consider seeking a medical evaluation for the following conditions:

- Fever (100 and above) - must remain out of school/ fever free for at least 24 hours without fever reducing medication.
- Vomiting and diarrhea - must remain out of school at least 24 hours after last episode.
- Skin eruptions or suspicious rash- may return after medical treatment/if able to cover the area with bandages.
- Contagious diseases - may return per doctor's note or after antibiotic use for 24 hours.
- General symptoms illness - remain out until symptoms resolve.

Please remember to let the school know when your child is home ill, diagnosed with COVID-19 infection, or identified as a close contact.

Thank you!  
Darwin Lehmann



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